

Older people as self-funders: the invisible lynchpin of social care?

Findings from the *older people: care and self-funding experiences research* project



UNIVERSITY OF
BIRMINGHAM



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Our teams:

Co-producing research – academics, co-researchers, community partners and stakeholders in Solihull, Lincolnshire and Brighton and Hove



I was horrified to discover how much. And when he started to tell me "it's going to cost you not fifty thousand, not a hundred thousand but two hundred thousand or more if you live long enough", I became very worried. Because I don't think I want to live that long!

I've been working out that I think will have to, my money runs out when I'm around about 99 ...



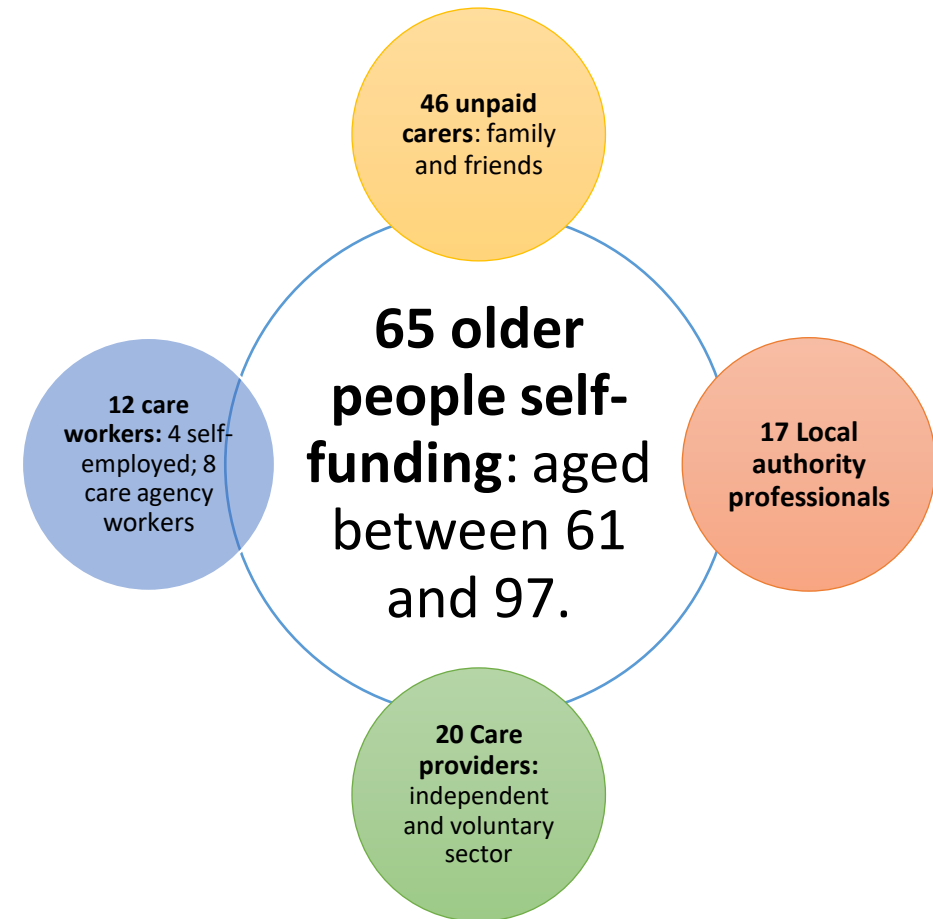
Worked all my life, paid taxes all my life, looked after a sick husband and a mother with dementia, and saved the country some money doing that and working full time and you think, when you need it, it's not there.

Listening to older people's experiences of self-funded care

I wasn't meant to be this old and my children are not meant to look after me. No, we are meant to look after our children and leave them something if we can, you know, not having spent everything

Older people: care and self-funding experiences

- 3 year project in **Brighton and Hove, Lincolnshire and Solihull.**
- **Co-production:**
 - 3 teams of older co-researchers
 - Community partners
 - Knowledge exchange groups



Challenging assumptions about self-funders

Older people and self-funding
experiences

Six Myths About Paying for Care





Self-funders are caught in the vortex of inequalities and shortfalls inherent in the current social care system, many of which have been illuminated by the Covid-19 pandemic. We add our voices to those of many others calling for an urgent fundamental and comprehensive reform of social care.

Please visit our website <http://www.olderpeopleselffundingcare.com/>



This research was carried out by:

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The evaluation of the co-production was carried out by Dr Sally Cornish

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To download the full report and research briefings visit our website:

<http://www.olderpeopleselffundingcare.com/>